



As of September 2009, there are an estimated 152,571 women veterans living across the state of Texas, **ranking it the second highest in the nation. Seven of the top ten counties with the highest population of women veterans are located in the San Antonio Region: 60,485.**

- ✓ 61% of women veterans using the VA are under the age 45ⁱ and many are child-bearing age.
- ✓ Over 51% of women veterans are married to a service member. Nearly 40% of women veterans are mothers.ⁱⁱ There are more than 121,750 children with a mother that has served in the armed forces.ⁱⁱⁱ
- ✓ Female veterans are twice as likely as their male counterparts to experience a major depressive episode in the past year.^{iv} (previously known as a “mental breakdown”)

County	Women Veteran Population	Women Vets Under 44	Ranked Highest TX Population	Region
Bexar	21,118	9,618	1	San Antonio
Harris	16,812	6731	2	San Antonio
Dallas	11,620	4842	3	Dallas
Tarrant	11,608	5189	4	Dallas
Travis	6,585	3101	5	San Antonio
Williamson	4,206	1956	6	San Antonio
El Paso	3865	2003	7	San Antonio
Collin	3041	1539	8	San Antonio
Denton	2865	1491	9	Dallas
Nueces	2571	997	10	San Antonio
San Antonio Region	60,485	25,945		
All 10 counties	84,291	37,467		

These 10 counties alone represent over 55% of the state’s total female veteran population; the 7 counties in the San Antonio region represent 40% of the entire state’s female veteran population.

Women make up 14.3% of the military (one in seven), with 38% of women being mothers, and 11% are single mothers. ***In 2007, post traumatic stress, hypertension, and depression were the top three diagnostic categories for women veterans who were treated by the VA, with 22% of the women screening positive for military sexual trauma (MST).***^v It is estimated up to 80% of rapes in the military are not reported because survivor victims fear retribution.^{vi}

Many women are coming home unable to readily resume their roles as primary caregiver to children and family.

Grace After Fire is a 501c3 nonprofit charity and does not compete with state agencies for funding dollars. We work collaboratively with state and community agencies to reduce mental healthcare costs and increase day or night access to services for women veterans and their family members.

ⁱ National Summit on Women Veterans’ Issue, June 2008
ⁱⁱ <http://www.library.ca.gov/crb/09/WomenVeteransBrieflyStated.pdf>
ⁱⁱⁱ U.S. Census states the average number of children per mother is 2.1
^{iv} SAMHSA’s 2004 - 2006 National Surveys on Drug Use and Health
^v <http://www.publichealth.va.gov/womenshealth/facts.asp>
^{vi} The Pentagon